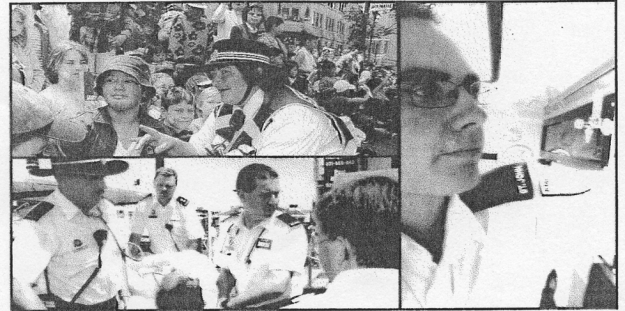


THE WATER-JEL FIRE BLANKETS HELP STOP THE BURN PROGRESSION, EASE THE PAIN, COOL THE SKIN, PROTECT AGAINST AIRBORNE CONTAMINATION AND STABILISE THE PATIENT FOR TRANSPORT BY AMBULANCE.



ST JOHN VOLUNTEERS AT WORK.

Northern Region (SI)

Fulton Hogan takes burn care seriously

They have every reason to do so. 'Our men are dealing with hot bitumen,' says Tony Hodges, Sealing Manager for Fulton Hogan in Canterbury. 'Most sprayers are running at 90 -180C.'

John Smith, Fulton Hogan Group Safety Manager, says the company is keen to promote any burns treatment that will help minimise the risk to Fulton Hogan employees, so when Tony Hodges was approached by Jenny Crowe, St John First Aid Consultant, he was most interested to hear of the new Water-Jel Fire Blanket.

The Water-Jel Fire Blanket is one of the quickest, easiest and most direct methods of administering emergency first aid burn care. The blankets consist of a scientifically formulated cooling gel and a special carrier. The gel is biodegradable and the blanket is 100% worsted wool capable of absorbing up to 13 times its own weight. When placed on a patient, the blankets help stop the burn progression, ease the pain, cool the skin, protect against airborne contamination and stabilise the patient for transport by ambulance.

John Smith says the company is already seeing the benefits of the blanket. 'We recently had a case where a bitumen hose burst and a worker received significant burns. Because of the excellent first aid equipment and training we are able to provide, this employee did not receive any permanent damage.'

St John can also provide Water-Jel products in individual foil pouches in different sizes to meet a variety of emergency situations. These dressings are easy to carry, store and use.

For further information on burns dressings, kits and blankets contact St John 0800 FIRST AID (0800 347 78243)

Southern Region

Volunteer recruitment campaign

A campaign to recruit volunteers came to fruition in the first week of May with a multimedia release through radio stations and newspapers.

The 6-week campaign focused on 'ordinary people doing extra-ordinary things' for St John and their communities and included profiles of a number of St John people and roles throughout our organisation.

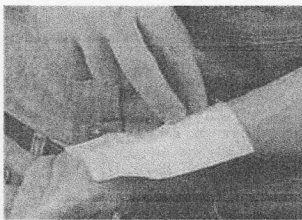
If you know someone who might be interested in volunteering for St John, now is the time to point them in the right direction. A considerable amount of work has gone into the development of the campaign. We are particularly indebted to the Community Trusts of Otago and Southland for their financial support.



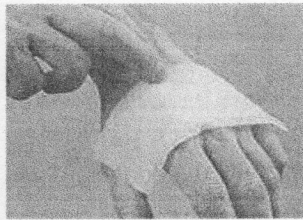
Immediate Burn Relief From New Water-Jel

Burn dressings that immediately cool the skin and relieve the pain are now available from the St John First Aid Store. A burn can strike at any time. That's why it's so important to be prepared. In treating a burn emergency, speed and portability are key. The new Water-Jel sterile burn dressings are easy to carry, easy to store and easy to use.

Consisting of a scientifically formulated cooling gel and medical grade non-woven carrier, when applied to a burn these dressings provide instant cooling, relieve the pain and protect against airborne contamination. Water based and water soluble the dressing won't stick to the burn. Available in a handy bottle or individual foil pouches in a variety of sizes the Water-Jel is priced to fit easily in your first aid kit. Cool-Jel bottle \$16.31, Water-Jel single use sachets 25 for \$28.41, 2 x 6 size \$12.26 each, 4 x 4 size \$11.81 each.



4x4 size \$11.81 each



2 x 6 size \$12.26 each



Water-Jel single use sachets
25 for \$28.41

Burns

Burns are most commonly caused by heat, but extremely low temperatures, such as liquid gases or dry ice, may result in severe burn injuries. Burns result in loss of skin and deeper tissues with resultant risk of fluid loss and infection.

Severity of a Burn

To gauge the severity of the burn injury, look at a

combination of the area the burn covers, the depth of the burn, what part of the body has been burnt and the cause of the burn

Critical burns

If more than 30% of the body's total surface is burnt or more than 10% of total body surface has deep burns. The burnt area involves the face, genitals, hands or feet. The patient has other major injuries or illness.

Minor burns

Less than 10% of total body surface area is burnt, does not include special areas mentioned above.

Tip - to assess surface area of body remember that patient's own hand is approximately 1% of his own body surface area.

Treatment of Burns

Safety, Reassurance, Airway, Breathing, Circulation, Sever Bleeding. Stop any major bleeding. Cool by flooding with cold tap water for 10 minutes - reduces pain and prevents further damage. Cover with a dressing to prevent infection. Reassure the patient. Seek medical attention or call an ambulance. Do NOT put ointments or creams over burns. Remove any constrictive jewellery such as rings or bracelets before swelling occurs. Be aware that burns to the face or neck may cause breathing difficulties. If medical assistance is available within 30 minutes keep the dressing moist. If there is a delay use a dry dressing. Keep the patient warm in a clean sheet following the appropriate first aid. The use of 'cling film' is an excellent method of isolating a burn from the outside environment. Much of the pain from a burn is caused when the burn is exposed to air. Continue to cool the burn area by applying cold water compresses to the outside of the 'cling film'.

